



**KING CATERING**  
WWW.KINGCATERING.CA

# MEAL PLAN MENU





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## A LA CARTE MAINS

- Jerk Chicken \$10.75
- BBQ Chicken \$10.75
- Pineapple Chicken \$10.75
- Fried Chicken \$10.75
- Roasted Chicken \$10.75
- Stewed Chicken \$10.75
- Stewed Beef \$13.50
- Curry Goat \$13.50
- King Fish \$14.50 + (add sauce for \$3.55)
- Vegan Vegetable Curry \$9.55 ✓
- Roasted Spicy Eggplant \$9.55 ✓
- Stir-Fried Vegetables \$9.55 ✓

## SIDES

- Rice & Peas \$5.95 ✓
- Trini-Style Fried Rice \$5.95
- Caribbean Root Vegetables \$7.25 ✓ ○
- Roasted Potatoes \$5.95

## SALADS (SIDE/ENTREE)

- Garden Salad \$5.95/\$11.95 ✓  
+ add 3 oz. Chicken \$2.95
- Green Apple Mandarin \$5.95/\$11.95 ✓
- King Kale \$8.50/\$14.50 ✓

## DESSERT

- Rum Cake \$8.50
- Coconut or Currant Rolls \$8.50

### PLACE YOUR ORDER

1. Use the last page to fill in your desired menu choices
2. E-mail your order to [contact@kingcatering.ca](mailto:contact@kingcatering.ca)
3. Enjoy your meal & send us your review!

### ORDER HIGHLIGHTS

- + all soups come in 16oz
- + we require a minimum of 4 soups per order
- + hot buffet & plated meals options available

✓ - VEGAN    ✓G - VEGETARIAN

## NOW OFFERING MEAL PLAN DELIVERY!

*King Catering is excited to offer full meal plan options for delivery. See the next page for meal plan options.*

- Big King Lunch \$17.95/person
- Southern BBQ \$23.95/person
- Curry Goat \$21.55/person
- Stewed Beef \$21.55/person
- King Fish \$21.55/person
- Tace Lunch \$17.95/person
- Jerk Gravy Poutine \$14.45/person

*\* All orders delivered on Monday, Wednesday & Friday*

**BIG KING LUNCH \$17.95 PER PERSON**

**(V/VG OPTIONS)**

Choose your main:

Jerk Chicken or BBQ Chicken or Fried Chicken or Pineapple Mango Chicken or Vegan Vegetable Curry or Roasted Spicy Eggplant or Stir-Fried Vegetable with Tofu

Choose your side:

Rice and Peas or Trini-Style Fried Rice

\* All orders served with Garden Salad & Coleslaw

**SOUTHERN BBQ \$23.95 PER PERSON**

BBQ Pork Ribs, Fried Chicken Thighs, Potato Salad, Coleslaw & Cornbread

**CURRY GOAT \$21.55 PER PERSON**

Choose your side:

Rice & Peas or Trini-Style Fried Rice

Choose your salad:

Coleslaw or Garden Salad

**STEWED BEEF \$21.55 PER PERSON**

Choose your side:

Rice & Peas or Trini-Style Fried Rice

Choose your salad:

Coleslaw or Garden Salad

**KING FISH \$21.55 PER PERSON**

Choose your side:

Rice & Peas or Trini-Style Fried Rice

Choose your salad:

Coleslaw or Garden Salad

**TACO LUNCH \$17.95 PER PERSON**

Served with 3 Tortilla Shells (flour or corn) & Coleslaw

Choose your main:

Chicken or Fish or Pork

Choose your salad:

Coleslaw or Garden Salad

**JERK GRAVY POUTINE \$14.45 PER PERSON**

Chicken or Pork + Cheese Curds & Russet Fries

